

For any eye problem your first port of call should be an optometrist. An optometrist is the best person to assess urgent eye problems, check for eye disorders and treat eye conditions. They have the professional training and necessary equipment to assess most eye problems and will refer you to see a specialist when necessary. All appointments are NHS funded.

This service can be used for any concerns you may have with the health of your eyes including (but not limited to):

Red eye(s)	Something in your eye
Sore eye(s)	Eye infections
Deterioration of eyesight	Other disturbance of eyesight
Cataracts	Scatched eye(s)

If you already have your own optometrist you should contact them in the first instance as having previous clinical records is very useful.

If you do not already have an optometrist there is a list of those in the local area on the back of this sheet. Please contact them and they will arrange to see you. You can also choose to visit any optometrist providing NHS services for treatment.

Note that when you contact the optometrist of your choice their staff will assess your symptoms and offer you an appropriate appointment. The time you will have to wait will depend on the severity and duration of your symptoms. Emergency problems will be seen quickly. If your problem is urgent and they cannot manage to see you they will find someone who can.

After the appointment they may send you to a local pharmacy or request a prescription from your GP for appropriate medication or, if necessary, refer you to a hospital specialist. A report will be sent to your GP so they have a complete record.

Lothian Eye Health Network Practices – NORTH EAST EDINBURGH

20/20 Opticians
1C Easter Road
Edinburgh
EH7 5PH
0131 652 2432

Asda Opticians
2 Sandpiper Drive
Edinburgh
EH6 6QJ
0131 561 2300

Asda Opticians
100 The Jewel
Edinburgh
EH15 3AR
0131 454 4012

Boots Opticians Ltd
Unit 1 Fort Retail Park
Newcraighall Road
Edinburgh
EH15 3HS
0131 657 1702

Boots Opticians Ltd
61 London Road
Edinburgh
EH7 6AA
0131 652 0806

Browns Opticians
44 Portobello Road
Edinburgh
EH8 7EL
0131 652 1825

CM Optical
20 Great Junction Street
Edinburgh
EH6 5LA
0131 554 1689

Downes Optometrists
2 North Junction Street
Leith
Edinburgh
EH6 6HN
0131 553 5358

iSee Opticians
62 Niddry Mains Road
Edinburgh
EH16 4BG
0131 661 7024

M M Eyecare
19 Brighton Place
Portobello
Edinburgh
EH15 1LH
0131 669 8668

Portobello Opticians
172 Portobello High Street
Edinburgh
EH15 1EX
0131 657 9899

Specsavers Opticians
35C Fort Kinnaird Retail
Park
Edinburgh
EH15 3RD
0131 669 6121

Specsavers Opticians
40 New Kirkgate Shopping
Centre
Leith
Edinburgh
EH6 6AA
0131 555 9580

Spectacles Direct
163A Bonnington Road
Edinburgh
EH6 5BQ
0131 553 9000

Spectacles Outlet Ltd
85 Peffer Place
Edinburgh
EH16 4BB
0131 661 3391

Vision Express
Ocean Terminal
Leith
EH6 9TT
0131 555 3833

Vision Express
Unit 20A, Fort Kinnaird
Retail Park
Newcraighall
Edinburgh
EH15 3RD
0131 657 3514